



Hearts in Unity

Hearts in Unity ♥ P.O. Box 41
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Pencil Pouches for Students in Tanzania, Africa

Materials:

- TWO 5-inch by 22-inch pieces of fabric (cotton or cotton/polyester)
- TWO 15-inch pieces of ribbon or heavy string (not yarn)



Instructions:

1. Fold one piece of fabric in half, right sides together (folded size is 5-inch by 11-inch).
2. Sew a 1/2-inch seam along each of the two long (11-inch) sides of the folded fabric.
3. Turn the sewn piece of fabric right-side out. Iron/press.
4. Turn the folded (short) end of the fabric over 1-inch, forming a casing. 
5. Iron/press the folded casing.
6. Sew the casing closed, leaving a 3/4-inch wide opening for the casing.
7. Repeat steps 1-6 for the second piece of fabric.
8. Place the 2 fabric pieces together, lining up all edges/sides (right sides together).
9. Sew a 1/2-inch seam along 3 sides of the bag as shown by the line in the picture to the right. Do NOT sew through the casing openings at the top of the bag. Be sure to backstitch to ensure the end of the stitch line (by the casing) is secure.
10. Turn the bag right-side out. Iron/press.
11. Thread the ribbon, string or yarn through the eye of a large needle.
(As an alternative, use masking tape to tape the end of the ribbon, string or yarn to the end of a toothpick – to use the toothpick like a needle. Or, if you are using ribbon, attach a safety pin through one end of the ribbon.)
12. To pull the first ribbon/string/yarn through the casing...



Starting on the right side of the bag, thread the ribbon/string/yarn through the casing of the top side of the fabric, towards the left side of the bag, until the ribbon/string/yarn comes out of the left side of the casing. Then thread the same end through the casing of the back piece starting at the left side and ending through the right side of the casing. Both ends of your first piece of ribbon/string/yarn should now hang out of the right side of the bag. Even the ends of the ribbon/string/yarn and tie the ends of both pieces together with a knot.

13. Do the same with the second piece of ribbon/string/yarn but start on the opposite (left) side of the bag. Both ends of this second piece of cording should now end up on the left side of the bag. Tie the ends of this ribbon/string/yarn with a knot. The bag is now finished.

Completed pencil pouches can be shipped to the following address at any time:

Hearts in Unity ♥ P.O. Box 41 ♥ Germantown, WI 53022 ♥ USA

Questions? Please email us at hearts_in_unity@yahoo.com

Monetary donations to help offset the cost to ship your pencil pouches to Tanzania are welcome. Shipping costs are approx. \$4 per pound. If you can help with a donation to cover the cost to ship your pencil pouches to Tanzania, you can include a bank check (U.S. banks only), payable to Hearts in Unity, with the pencil pouches that you send to us. We also accept online donations to cover these shipping costs at www.heartsinunity.org (click the donate button and write PENCIL POUCH SHIPPING in the message box when you make your donation.)

Thank you for your help and for opening your heart to the orphans and at-risk children of Tanzania.