

# Hearts in Unity

## “Messages from the ♥ Heart”

Tanzania is the 5<sup>th</sup> poorest country in the world. In a country where the average household income is less than \$400 a year, families often comprised of at least 6 people struggle to survive on less than \$1 a day. At this heartbreaking poverty level, many parents struggle to feed their children even one simple meal per day. For the 2.5 million orphans in this third-world country, the challenges of daily life are even more overwhelming. So how can you help make a difference?



In the unique “Messages from the Heart” project through Hearts in Unity, you can share a heart-felt message of greeting, friendship and encouragement with a child or adult in Tanzania.



### How do I participate?

It's simple – just write a message from your heart and mail your letter(s) to Hearts in Unity at our USA address. Your letter(s) will then be shipped to one of our Tanzanian villages and hand-delivered to someone who is in need of your words of encouragement.

For those recipients who are not able to speak English, the letter will be translated for them into their native language of Swahili. Each handwritten letter is a blessing to these people and yours will surely be treasured and read over and over by the child, adult, family or teacher who receives it.

### Does it cost anything to participate?

Participating in this project costs no more than a postage stamp and a few minutes of your time. But the impact you will have on a child or adult in Tanzania is priceless.

You can write your letters on notepaper, notecards, or postcards. Recycling those beautiful greeting cards you've received from others (especially Christmas cards) is a wonderful idea. Simply cut off the front of the greeting card and use it as a postcard. Write your message on the blank side of the greeting card cover and the person who receives your note of encouragement will be delighted. No envelopes are necessary (they just add unnecessarily to your postage costs and to our shipping costs to Tanzania).

### What should I write?

A short, simple message on colorful stationery, in a greeting card or in a notecard is best. You can specify that your letter be delivered to either a **school-age child, a teacher, family, a young adult or an older adult**. You can then tailor your message to that person, writing encouraging words that come from your heart.

Need a few ideas?

- Share a little about you and your family...names, ages, where you are writing from (city, state)
- Share a simple message of compassion, hope, encouragement and friendship
- Please avoid asking questions as the recipient will not have an opportunity to reply directly to you

**Please also include the following verse in your letter so that the recipient can read part of the letter in their native language of Swahili:**

Haya ndiyo ninayokutakia katika maisha yako...  
Bwana awabariki na kuwalinda,  
Bwana awainulie uso wake na kuwabariki,  
Bwana awaangazie nuru ya uso wake na kuwapa amani.

*The translation is included below (you do NOT need to include the English translation in your letter):*

*This is my wish for your life...  
May the Lord bless you and protect you,  
May the Lord be kind and gracious to you,  
May the Lord look on you with favor and give you peace.*





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I want to give a gift to help feed, clothe and educate the orphan and at-risk children of Tanzania.

### Feed them...

- ♥ \$10.....to give a **chicken** to a family in need..... Qty of \_\_\_\_\_ @ \$10..... \$ \_\_\_\_\_
- ♥ \$20.....to give a gift bag of **basic food items** to a family..... Qty of \_\_\_\_\_ @ \$20..... \$ \_\_\_\_\_
- ♥ \$50.....to feed **porridge** to the students in one classroom ..... Qty of \_\_\_\_\_ @ \$50..... \$ \_\_\_\_\_
- ♥ \$100...to give a **goat** to a family in need ..... Qty of \_\_\_\_\_ @ \$100..... \$ \_\_\_\_\_
- ♥ \$500...to give a **cow** to a family in need ..... Qty of \_\_\_\_\_ @ \$500..... \$ \_\_\_\_\_
- ♥ A gift in the amount you choose to **feed the children**..... \$ \_\_\_\_\_

### Clothe them...

- ♥ \$10.....to give a child a new pair of **shoes**..... Qty of \_\_\_\_\_ @ \$10..... \$ \_\_\_\_\_
- ♥ \$15.....to give a child a new **school uniform** ..... Qty of \_\_\_\_\_ @ \$15..... \$ \_\_\_\_\_
- ♥ \$20.....for basic **sewing supplies** for the sewing coop ..... Qty of \_\_\_\_\_ @ \$20..... \$ \_\_\_\_\_
- ♥ \$30.....for 1 bolt of **shirt fabric** for school uniforms ..... Qty of \_\_\_\_\_ @ \$30..... \$ \_\_\_\_\_
- ♥ \$75.....for 1 bolt of **skirt/trouser fabric** for school uniforms ..... Qty of \_\_\_\_\_ @ \$75..... \$ \_\_\_\_\_
- ♥ A gift in the amount you choose to **clothe the children** ..... \$ \_\_\_\_\_

### Educate them...

- ♥ \$5.....to give a **textbook\*** to the school ..... Qty of \_\_\_\_\_ @ \$5..... \$ \_\_\_\_\_
- ♥ \$10.....to give a child a school bag with **school supplies**..... Qty of \_\_\_\_\_ @ \$10..... \$ \_\_\_\_\_
- ♥ \$25.....to give the students a **soccer ball** to play with..... Qty of \_\_\_\_\_ @ \$25..... \$ \_\_\_\_\_
- ♥ \$30.....to build a **desk** for the school classroom ..... Qty of \_\_\_\_\_ @ \$30..... \$ \_\_\_\_\_
- ♥ A gift in the amount you choose to **educate the children** ..... \$ \_\_\_\_\_

### Love them...

- ♥ A gift in the amount you choose to use where most needed ..... \$ \_\_\_\_\_

**TOTAL..... \$ \_\_\_\_\_**

\* For each textbook donation, a donation sticker will be prepared and affixed to the inside cover of the book(s) purchased with your donation. Please indicate below what you want to have written on this donation sticker. Use the back of this form if you are donating multiple textbooks.  
 This book is a gift from [name] \_\_\_\_\_ of [city/state] \_\_\_\_\_



Your Name \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Mailing Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_

Please send your donation to:  
**Hearts in Unity**  
 P.O. Box 41  
 Germantown, WI 53022 USA



Is this a gift in honor/memory of someone?  Yes  No  
 If yes....  
 In honor of (name) \_\_\_\_\_  
 In memory of (name) \_\_\_\_\_

If you would like us to send an acknowledgement of your gift to a person/address other than noted above, please provide either an email or postal address for this gift acknowledgement →

Please send a gift acknowledgement to:  
 Name \_\_\_\_\_  
 { To email \_\_\_\_\_  
 - OR -  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_

