

“Messages from the ♥ Heart”

Tanzania is the 5th poorest country in the world. In a country where the average household income is less than \$400 a year, families often comprised of at least 6 people struggle to survive on less than \$1 a day. At this heartbreaking poverty level, many parents struggle to feed their children even one simple meal per day. For the 2.5 million orphans in this third-world country, the challenges of daily life are even more overwhelming. So how can you help make a difference?



In the unique “Messages from the Heart” project through Hearts in Unity, you can share a heart-felt message of greeting, friendship and encouragement with a child or adult in Tanzania.



How do I participate?

It's simple – just write a message from your heart and mail your card/letter to **Hearts in Unity** at our USA address. Your card/letter will then be shipped to one of our Tanzanian villages and hand-delivered to a child, teacher, other adult, or to a family who is in need of your words of encouragement.

For those recipients who are not able to speak English, your card/ letter will be translated for them into their native language of Swahili. Each handwritten card/letter you send is a blessing and will surely be treasured, kept close at heart, and read over and over.

What type of card/paper should I use?

You can write your message on colorful notepaper, a notecard, or on a picture postcard. If you like, you can decorate your letter/card with drawings, stickers, etc. Recycling colorful greeting cards you've received from others is a wonderful idea. If you are using recycled greeting cards, simply cut off the front of the greeting card and use it as a postcard, writing your message on the blank side of the recycled greeting card front cover.

Using recycled Christmas cards is just fine as we do deliver cards in Tanzania around the Christmas holiday. However, please avoid using recycled greeting cards that have phrases such as “Happy Birthday,” “Get Well,” “Happy Mothers/Fathers Day” or other similar “special occasion” messages.

No separate envelopes for your individual written cards/letters are necessary (the extra weight just adds to your postage costs and to our costs to ship the cards/letters to Tanzania).

Can I write more than one card/letter?

Of course! You are more than welcome to write more than one card/letter and to invite your family and friends to write cards/letters also. This is a wonderful project for a school, church, or community group. Multiple cards/letters can be sent to Hearts in Unity in the same envelope/package. You are also welcome, if you like, to include a photos of yourself or your family with your cards/letters.

Will I receive a reply from my card/letter?

With the thousands of cards/letters we deliver to the children in our Tanzanian villages each year, we are not able to provide individual replies to your cards/letters. We do, however, post photos on our website of the school children who receive these “Messages from the Heart” so you can see the smiles and delight these cards/letters bring.

What should I write?

A short, simple message with a greeting and words of encouragement is best. Please personalize your card/letter by including your first name/signature on the card/letter. Need a few ideas on what to write?

- Share a little about you and your family...names, ages, where you are writing from (city, state)
- Share a simple message of compassion, hope, encouragement and friendship
- Please avoid asking questions as the recipient will not have an opportunity to reply directly to you



Hearts in Unity

I want to give a gift to help feed, clothe and educate the orphan and at-risk children of Tanzania.

Feed them...

- ♥ \$10.....to give a **chicken** to a family in need..... Qty of _____ @ \$10.....\$ _____
- ♥ \$20.....to give a gift bag of **basic food items** to a family..... Qty of _____ @ \$20.....\$ _____
- ♥ \$50.....to feed **porridge** to the students in one classroom Qty of _____ @ \$50.....\$ _____
- ♥ \$100...to give a **goat** to a family in need Qty of _____ @ \$100.....\$ _____
- ♥ \$500...to give a **cow** to a family in need Qty of _____ @ \$500.....\$ _____
- ♥ A gift in the amount you choose to **feed the children**.....\$ _____

Clothe them...

- ♥ \$10.....to give a child a new pair of **shoes** Qty of _____ @ \$10.....\$ _____
- ♥ \$15.....to give a child a new **school uniform** Qty of _____ @ \$15.....\$ _____
- ♥ \$20.....for basic **sewing supplies** for the sewing coop Qty of _____ @ \$20.....\$ _____
- ♥ \$30.....for 1 bolt of **shirt fabric** for school uniforms Qty of _____ @ \$30.....\$ _____
- ♥ \$75.....for 1 bolt of **skirt/trouser fabric** for school uniforms Qty of _____ @ \$75.....\$ _____
- ♥ A gift in the amount you choose to **clothe the children**\$ _____

Educate them...

- ♥ \$5.....to give a **textbook*** to the school Qty of _____ @ \$5.....\$ _____
- ♥ \$10.....to give a child a school bag with **school supplies**..... Qty of _____ @ \$10.....\$ _____
- ♥ \$25.....to give the students a **soccer ball** to play with..... Qty of _____ @ \$25.....\$ _____
- ♥ \$30.....to build a **desk** for the school classroom Qty of _____ @ \$30.....\$ _____
- ♥ A gift in the amount you choose to **educate the children**\$ _____

Love them...

- ♥ A gift in the amount you choose to use where most needed\$ _____

TOTAL..... \$ _____

* For each textbook donation, a donation sticker will be prepared and affixed to the inside cover of the book(s) purchased with your donation. Please indicate below what you want to have written on this donation sticker. Use the back of this form if you are donating multiple textbooks.

This book is a gift from [name] _____ of [city/state] _____



Your Name _____

Email Address _____

Mailing Address _____

City/State/Zip _____

Please send your donation to:

Hearts in Unity
P.O. Box 41
Germantown, WI 53022 USA



Is this a gift in honor/memory of someone? Yes No

If yes....

In honor of (name) _____

In memory of (name) _____

Please send a gift acknowledgement to:

Name _____

To email _____

- OR -

Address _____

City/State/Zip _____

